

Senior Living & Services

From continuing adult education, luxury senior communities, short-term rehabilitation, long-term care, and elderly resources, we're here to help. Top notch Ann Arbor senior housing, services, and health care options are offered in our community no matter what level of support you or your loved one needs.



Barton Manor Assisted Living

bartonmanorassistedliving.com

(734) 662-7798

821 Barton Dr., Ann Arbor, MI 48105

Barton Manor Assisted Living is a supportive residential home for adults who are unable to maintain themselves independently, but do not require continuous nursing care. A home-away-from-home, Barton Manor provides 24-hour care in a family atmosphere, nutritionally balanced family-style meals, and supervision and assistance with walking, bathing, dressing, and grooming. Complete housekeeping and laundry services are offered, as well as distribution and supervision of all medications. Choose from one of six private bedrooms in the one-story house, where each room is fully furnished, though residents are welcome to bring their own furniture and possessions to make them feel at home. Call for additional information, or visit bartonmanorassistedliving.com.



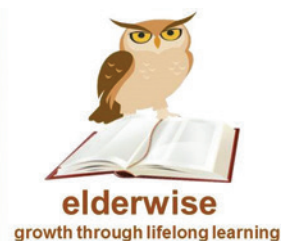
Balfour Senior Living

balfourcare.com

(734) 478-0841

2830 S. Main St., Ann Arbor, MI 48103

Seasonally inspired culinary offerings, an array of life-enriching programming, and personalized concierge services are all features of **Balfour Senior Living**. Staff is always available to valet cars, help unload groceries, reserve a private dining room to celebrate special occasions, and so much more. Other amenities include chauffeured Teslas, valet, reserved covered parking, bartenders and bar, concierge services, pool and jacuzzi, state of the art fitness center, on-site nursing and wellness monitoring, room service, housekeeping, and PT clinic on site. Located 1.7 miles from The Big House, they are always ready to cheer on the Wolverines on game days. Balfour is a rental community. Preserve assets and pay for services and care if and when needed. For more information, contact John Juroe: jjuroe@balfourcare.com, (734) 359-3519; or visit balfourcare.com/locations/ann-arbor.



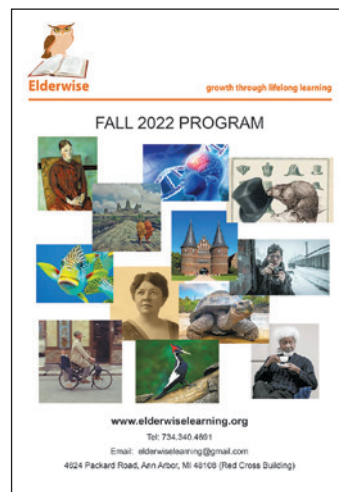
Register online for classes
elderwiselearning.org
Request a print catalog
elderwiselearning@gmail.com

Contact us: (734) 340-4691

A BALANCE OF ONLINE AND IN-PERSON CLASSES!

More than 50 diverse sessions and local tours in art, architecture, film, history, culture, religion, literature, music, nature, the environment, politics, science, technology, lifestyle, wellness, hobbies, theater, field trips, travelogues, and much more!

Elderwise has been providing reasonably priced classes with lively discussions and a welcoming atmosphere for 30 years!



The Elderwise Fall 2022 Catalog

"I love the variety of the classes Elderwise offers, and I have trouble limiting myself—there's always so many I want to take!" ~ Elderwise member

Who We Are

Elderwise is a nonprofit, independent, lifelong learning organization. Our mission is to provide a broad spectrum of classes and a significant range of topics to meet the needs and interests of a wide variety of individuals. Learning, educational enjoyment, and personal growth are the fundamental goals of every Elderwise program. We strive to provide an experience that values both intellectual and social interaction.

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Discover endless possibilities
at the NEW Pavilion.



Building a better life for seniors with new living options through worry-free living, a progressive lifestyle and endless possibilities. Availability is limited.

Call **734-929-6780** today to learn more or visit **www.glacierhills.org**.

1200 Earhart Road
Ann Arbor, Michigan 48105



Housing Bureau for Seniors (HBS)
presents:

SENIOR LIVING WEEK 2022



HBS Senior Living Week 2022 is coming! Join us for a variety of events: "Grab & Go" bag distributions, In-Person EXPO on 10/15 at WCC's Morris Lawrence Building, and a week-long series of workshops around Washtenaw County. All events are free.

To register or find more
information, check out:

www.uofmhealth.org/HBS
(734) 998-9338

HBSSeniorLivingWeek@umich.edu

October 15 - 22





Senior Living & Services

Catholic Social Services of Washtenaw County

SeniorResourceConnectMI.org
(734) 971-9781 (opt. 8)
4925 Packard St., Ann Arbor, MI 48108

Finding resources for yourself or a loved one can be a challenge. **Catholic Social Services of Washtenaw County** aims to change that with **Senior Resource Connect**. Community members can browse over 500 local resources in the online senior resource directory, take a quiz to find resources they can use, or read the blog to keep up to date on issues related to aging. The Good Neighbor training discusses signs of elder abuse and steps we can all take to protect vulnerable individuals. This project is free and open to all. Together we can make Washtenaw County an aging-friendly community. See page 26 of this month's Observer for more details.

EHM Senior Solutions

ehmss.org
(734) 295-9292
400 W Russell St., Saline, MI 48176

EHM Senior Solutions, a respected non-profit provider since 1879, delivers the most comprehensive senior health services to Washtenaw county residents and beyond. The beautiful **Brecon Village** offers independent and assisted living, memory support, respite care and adult day programs, while **Evangelical Home – Saline** provides long-term nursing and post-acute rehabilitation, with five stars for quality measures. Staying home and need support? The **Redies Outpatient Center** provides rehabilitation therapies, and **Shared Services Home Health Care** and Shared Care Services offer in-home care. Or choose **LifeChoices®** for future in-home care planning and LifeChoice Solutions for personal training, massage and handyman services. No matter where you are on life's journey, EHM Senior Solutions is there to help!

Elderwise

elderwiselearning.org
(734) 340-4691
4624 Packard St., Ann Arbor, MI 48108

Celebrating 30 years of continuing education for adults in Southeast Michigan, **Elderwise** continues to encourage growth through lifelong learning. Elderwise offers reasonably priced in-person or virtual classes (or hybrid!) that cover a wide range of topics, and is responsive to the interests of the student. This fall, students will learn about topics such as Picasso, American politics, Galápagos Islands, Marquette ghost stories, making paper by hand, Alzheimer's, classical composers, African poets, the birth of planets, and will enjoy local tours in collaboration with amazing Ann Arbor organizations. Registration is now open!



Silver Maples is My Choice

Working as a Resident Care Associate is hard work, emotional and very rewarding. There's a story behind every resident and lessons to be learned. I enjoy knowing I've done the best I can for our residents.

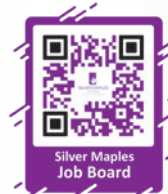
Penny Baker
Resident Care Associate, 20 years

SILVER MAPLES of Chelsea

RETIREMENT NEIGHBORHOOD

Fortune Magazine and Great Place to Work has named Silver Maples of Chelsea one of the 2021 Best Workplaces in Aging Services.

Join Our Amazing Team!



(734) 475-4111 ext. 215
www.silvermaples.org

Locally-Owned, Non-Profit Jointly Sponsored by 5 Healthy Towns Foundation and Brio Living Services.  

Have questions about aging and need a comprehensive assessment?

Ask your primary care physician if a visit with a geriatrician is right for you.



Aishah Raffee,
DO, AGSF



Alvin
Vargas, DO



Amy
Bakalar, CNP



Sandi Valenti,
LLBSW

A visit to our practice may be beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of a change in living situation, assistance with advance care planning and concerns about depression or isolation. Our board-certified geriatric physicians and highly experienced nurse practitioner and social worker can provide the specialized care your loved one needs.

Trinity Health IHA Medical Group, Senior Health - Ann Arbor

Trinity Health Towsley Medical Center
5361 McAuley Drive, Ypsilanti, MI 48197

734-712-9968



Trinity Health

IHA Medical Group

IHAcares.com    

Senior Living & Services



Glacier Hills Senior Living Community

A member of St. Joseph Mercy Senior Communities

glacierhills.org

(734) 913-0730

1200 Earhart Rd., Ann Arbor, MI 48105

All are welcome to explore **Glacier Hills** at their "Fall in Love with Glacier Hills" open house. Experience the latest floor plan at Glacier Hills, the Peony, and tour the new and exciting upgrades on their campus, including a reimagined fitness center, new art studio, and spacious dining rooms. The open house is September 27th, 1 – 3 p.m. at 1200 Earhart Rd., Ann Arbor, MI 48105. Mingle with other future residents, and enjoy hors d'oeuvres and drinks. RSVP by Friday, September 23rd to: (734) 929-6811.

GrieveWell

grievewell.com

(734) 975-0238

4624 Packard St., Ann Arbor, MI 48108

Grief is universal. Despite studies that demonstrate the significant physical and emotional impact of unresolved grief, our culture shies away from issues related to death and dying, and there is little support for adults in grief. **GrieveWell** is a local nonprofit organization with a vision of a community in which individuals—with the support of their peers and loved ones—can lead a full life after loss. GrieveWell provides one-to-one peer support to those 18 years and older grieving the death of a loved one—as well as resources, education, and community outreach to the bereaved and those that surround them. Visit them online to learn more. While there is no right way to grieve, there are ways to grieve well.

Happy & Green Dental Center/ Ann Arbor Dental Implant Center

annarborimplant.com

(734) 478-7311

1910 Packard St., Ann Arbor, MI 48104

From your first contact with **Happy & Green Dental/Ann Arbor Dental Implant Center**, their Ann Arbor dentists are committed to your individual attention and will strive to provide personalized oral health care tailored for your unique dental needs and goals. Your health and comfort are top priorities, and they do what it takes to help every patient understand their symptoms and treatment options in a relaxed office setting. Dr. Soong-Ryong Jung has a double board in the United States, and is a board-certified prosthodontist and board-certified oral implantologist. Dr. Jung provides high quality oral surgery including wisdom teeth extraction, implant placement surgery, bone grafts, crowns, and dentures, Invisalign, and adult braces all in one place. "One stop dentistry" means you'll never need to travel to another office for additional service.

EHM SENIOR SOLUTIONS

Discover our
Full Continuum of Care

SALINE COMMUNITIES

Brecon Village - OPEN HOUSE!- October 18th, 10:00 a.m.

Independent Living, Assisted Living and Memory Support

Evangelical Home - Saline and The Redies Center

Post-Acute Rehabilitation and Long-Term Skilled Nursing Care

The Redies Outpatient Center

Outpatient Physical, Occupational and Speech Therapies

WE BRING SERVICES TO YOU

LifeChoices®

"Continuing Care at Home" Membership-Based Program

LifeChoice® Solutions

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Shared Care Services

Home Care and Companion Services

Shared Services Home Health Care

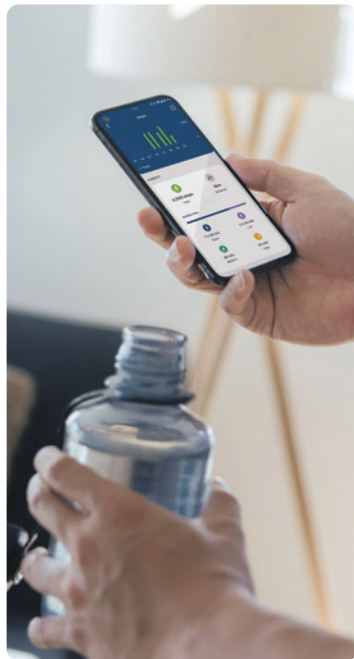
CALL US
TODAY

734-295-9292

400 West Russell St., Saline, MI www.EHMSS.org

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Join us for our 15th Year Anniversary Celebration!

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- Receive **\$150 OFF** of EACH Premium or Advanced Level Hearing Aid ordered through September 30, 2022 only when you mention this ad.



Call today and schedule an appointment **734-994-8300**
Thank you for allowing us to serve you.



203 S Zeeb Rd., Ste. 207
Ann Arbor, MI 48103



Thomas E. O'Connor, M.A.CCC-A,
Audiologist / Co-Owner



Robbie Michels, Au.D
Staff Audiologist

PHONAK
life is on

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*up to 50 cm or 1.64 feet ¹ Taphuntsang, D. (2020). Market research ID 4387. Please contact marketinsight@phonak.com if you are interested in further information. ² Appleton, J., & Voss S.C., (2020) Motion-based beamformer steering leads to better speech understanding and overall listening experience. Phonak Field Study News. retrieved from www.phonakpro.com/evidence, accessed August 2020. ³ Appleton, J., & Voss S.C., (2020) Motion-based beamformer steering leads to better speech understanding and overall listening experience. Phonak Field Study News. retrieved from www.phonakpro.com/evidence, accessed August 2020. ⁴ Wright, A. (2020). Adaptive Phonak Digital 2.0: Next-level fitting formula with adaptive compression for reduced listening effort. Phonak Field Study News, retrieved from www.phonakpro.com/evidence, accessed August 2020. The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc.

YOU CAN GIVE SOMEONE



Become a GrieveWell Peer Counselor

Do you know what it's like to grieve the loss of a loved one? GrieveWell invites you to apply to become a volunteer Peer Counselor. Together, we can provide hope, support and companionship to others in grief.

Apply now at www.grievewell.com/volunteer/ or call 734.975.0238

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human-electric-hybrids.com (734)238-2269

Senior Living & Services

Housing Bureau for Seniors

uofmhealth.org/hbs/

housingbureauseniors@umich.edu

(734) 998-9339

3621 S. State St., Door #710, Ann Arbor, MI 48108

The **Housing Bureau for Seniors** (HBS) recognizes that stable housing is imperative to physical and mental well-being. HBS informs and empowers older adults (55+), their families and caregivers with guidance and resources regarding sustainable housing in Washtenaw county and beyond. They assist older adults who wish to remain in their home by providing information and resources needed to age-in-place, as well as, offer counseling to seniors who want to move out of their homes and into a senior living community. Through their Housing Counseling, Eviction Prevention and Foreclosure Prevention programs, HBS offers counseling, assessment tools, and other resources to support older adults in their decision-making process. HBS's services are free. HBS is a program of Community Health Services at Michigan Medicine.

Human Electric Hybrids

human-electric-hybrids.com

(734) 238-2269

In Kerrytown Market & Shops, 410 N. 4th Ave., Ann Arbor, MI 48104

"This bike changed my life." At **Human Electric Hybrids** they hear that phrase frequently. "I can't walk very far, but I can ride my bike anywhere I want!" They have heard that phrase many times, as well. With Electric-assist bikes and trikes, virtually anyone can cycle as much as they like. Not all ebikes are appropriate for everyone, however. An ebike needs to be safe and practical, according to each customer's needs. H.E.H. specializes in finding the right cycle for each customer so anyone who wants to can safely use a bike or trike for exercise, recreation, or transportation. Whether you're a lifelong cyclist or haven't ridden a bike since college, H.E.H. has an ebike (or trike) for you.

O'Connor Hearing Center

oconnorhearing.com

(734) 994-8300

203 S. Zeeb Rd., Ste. 207, Ann Arbor, MI 48103

O'Connor Hearing Center (OHC) is an independent private practice celebrating 15 years serving the Ann Arbor area. They have three Michigan-licensed hearing care providers, including two Audiologists: owner Tom O'Connor, new staff audiologist Robbie Michels, Au.D., and co-owner Claudia Williams, who is a hearing aid dispenser. You will be greeted by their skilled patient care coordinator, Ms. Melissa Severance. Your hearing is tested in a pressure free, beautiful environment. The office has state-of-the-art testing equipment, and counseling space designed for your hearing health decision. The office is handicap accessible and welcoming for patients, friends, and family members. O'Connor Hearing Center is a participating provider with Blue Cross Blue Shield, Blue Care Network, BCN Premier Care, and MESSA. Major credit cards accepted. Hearing aid prices range from \$745 to \$3,100 each.



Inn Storage

annarborstorage.com

(734) 663-0690

1251 Rosewood St., Ann Arbor, MI 48104

No matter what you plan to store, family owned **Inn Storage** can tell you the proper way to store it! Whether it's a huge collection of books, or an old armoire handed down from generation to generation, their friendly staff will provide you with tips to protect your belongings. Inn Storage offers short- and long-term leases on temperature controlled indoor storage units. Downsizing or decluttering and not sure what to keep? Renting a storage unit can be a great way to reduce clutter and free up needed space at your home or office. Store documents, artwork, antiques, memorabilia, holiday decorations, heirlooms, old toys, even cars or boats. Ask them how to get two months free!

Silver Maples of Chelsea Retirement Neighborhood

silvermaples.org

(734) 475-4111

100 Silver Maples Dr., Chelsea, MI 48118

Silver Maples of Chelsea Retirement Neighborhood is a locally owned non-profit senior living community that excels at creating and supporting a positive aging experience. A well-designed, comfortably sized and carefully planned neighborhood, Silver Maples offers independent residential style homes and apartments, licensed assisted living apartments, as well as short stays through their respite program. Free local transportation for personal appointments, Sunday church services, and special event excursions are also available. Silver Maples offers a variety of services and amenities, such as dynamic event and activity programs with an emphasis on overall health and wellness, free membership to the Chelsea Wellness Center, art gallery that features a changing showcase from local artists, and outdoor areas with beautiful gardens. Pets are welcome.

Trinity Health IHA Medical Group, Senior Care – Ann Arbor Campus

(formerly IHA Senior Health)

ihacares.com

(734) 712-9968

5361 McAuley Dr., Ypsilanti, MI 48197

The **Trinity Health IHA Medical Group, Senior Care - Ann Arbor Campus** practice provides support to aging adults and caregivers by offering a comprehensive assessment and recommendations for care or resources to enhance a patient's quality of life. Located on the campus of Trinity Health Ann Arbor Hospital, a visit to IHA Medical Group Senior Care may be beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of a change in living situation, assistance with advance care planning and concerns about depression or isolation. The practice has two board-certified geriatric physicians as well as a nurse practitioner with a special focus in older adult and family medicine, as well as a social worker with nearly 25 years of experience caring for geriatric patients. Ask your primary care physician if a visit with a geriatrician is right for you.

Barton Manor

Assisted Living



We Provide:

- Twenty-four hour care in a family atmosphere.
- Nutritionally balanced, family style meals.
- Supervision and assistance with walking, bathing, dressing, grooming, etc., as required.
- Distribution and supervision of all medications.
- Complete housekeeping and laundry services.

The Facility:

Barton Manor is a beautiful six (private) bedroom one story home with a warm and family-like atmosphere. Each room is fully furnished, though residents are welcome to bring their own furniture and possessions to make them feel at home.

Our Staff:

Experienced, caring staff are on-site around the clock. Each is well equipped to help residents meet health and age related physical and mental challenges. We are all committed to excellence, compassion, and respect for the dignity of our residents.

Please call at any time for additional information or visit bartonmanorassistedliving.com

We offer assisted living in a supportive residential home for adults who are unable to maintain themselves independently but who do not require continuous skilled nursing care. We are committed to providing a life-enhancing atmosphere, while giving assistance with age and health related limitation.



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734.662.7798

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